



INFORMED CONSENT FORM

Dear Parent or Legal Guardian:

Welcome to our program! Please read this page carefully and ask us if you have any questions.

Our activity for today is hiking on the HBC Trail where we will be driving 100 km from Hope to Jacobson Lake, hiking 7km round-trip (300 metres elevation gain), stopping to rest and learn from historians, enjoying lunch on the trail and returning home at the end of the day.

Please note that:

- all children are required to have an **accompanying parent**, legal guardian or designated guardian with them who are responsible for their supervision and safety
- this form **must be signed** on the reverse side in order for children to participate in this program
- a separate **medical form** must be completed and carried in a right front pocket of any child that has (a) medical condition(s) that emergency personnel would need to know if you are not available. Hope Mountain Centre staff must be advised at check-in, when a child is carrying this form.

There are **inherent risks** involved in this program. They include, but are not limited to:

- accidents which occur during transportation or travel to and from this program
- slips and falls, loss of balance, impact, cold water immersion
- repetitive strain injuries, dislocated shoulders
- hypothermia, frostbite, dehydration, sunstroke, heatstroke, sunburn
- changing and inclement weather conditions including storms, high wind and lightning
- landslides and falling objects
- steepness of terrain, tree wells, crevasses
- encounters with domestic or wild animals
- bites from insects, including ticks with the possibility of leading to disease
- poisonous plant contact, exposure to fungi and fungal spores
- choking, food poisoning, cuts
- negligence on the part of other participants
- negligence on the part of the releasees, including failure on the part of the releasees to safeguard or protect my child/children from the risks, dangers and hazards of participating in the activities

Please complete the reverse side.



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Please read the information on the reverse side.

By signing below, you acknowledge that:

- you have read and understood all of the information on the reverse, including the inherent risks
- you hold harmless the Hope Mountain Centre for Outdoor Learning, its staff, directors and volunteers

As the parent or legal guardian of:

Child's First and Last Name

I request that my child/children participate in this Hope Mountain Centre program and I have read and understood all of the above.

Dated: _____

Signature of **Witness**

Signature of **Parent or Legal Guardian**

Please print name clearly

Please print name clearly